

El Haitiano Rennier A. Martinez

Rennier A. Martinez is a second year medical student and president of the Association of Latino Medical Students at The Florida State University

College of Medicine.

Haven of Rest

Charles Howze

My name is Charles Monroe, Roe for short

I'm still doing drugs just waiting to get caught

Ducking and dodging my P.O.

While peeping out the window all down on the

Now you can find me in a park or in some motel

Still trying to get high or even making a sale

Or you can find me in Frenchtown just walking the streets

With the same clothes on, soles on my feet

I made a wrong turn, and when people ask me where I've been

The only thing I could tell them is, "I've been down that road of sin."

But today, I'm trying to rededicate my life to God

Headed back towards Tennessee Street, I guess

Because like a bird, I'm tired of flying high

So I found shelter in God's Haven of Rest.

Charles Howze is a community contributor to HEAL.