

THE HEART OF ORLANDO

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Christina Grimmie was shot and died—
little did we know what lurked next. Outside

the city thought her death was a shock to its soul.
It had no idea what was yet to unfold.

The heart of Orlando was quickly pierced by a sword—
Pulse nightclub, a community's safe place, was horribly massacred.

OPD responded and did their best.
A bearcat assault saved all the rest.

Orlando's trauma teams kicked into gear
and proved in one day they were TOP tier.

Surgeons operated—saving 54 lives,
spectacular results helped more to survive.

The shock resounded far and wide,
but one thing stood strong—Orlando's Pride.

What one madman intended for terror and fear
has brought a city closer and taught us what to hold dear.

We vow the 49 will not have died in vain,
that good and positive change will come out of this pain.

There is no place for hate and love must guide our hands.
“Justice for all” must truly be our brand.

The unity of community is the bond, to heal and survive.
We love our home Orlando, by uniting Together
and For inclusion—we will most certainly thrive.

Dr. Sherin is a clinical professor in the Department of Family Medicine who serves FSUCOM at the Orlando Campus. He loves prevention and public health and is the health officer for the Florida Department of Health in Orange County. He writes poems with medical content and has written recently on the Pulse nightclub tragedy and risk communication for Hurricane Matthew.