

# The Facts about Mothballs<sup>1</sup>

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## Introduction

Although many people are familiar with the sight and smell of mothballs, very few give much thought on how they should and should not be used. Mothballs can be effective at repelling certain insects within the home, but it is important to use them properly. Because they are used within the home and commonly considered a household product, users often fail to read the directions or take these products seriously. For example, individuals mistakenly think mothballs can be used to repel all kinds of pests, even rodents inside or outside the home. Even though they seem to be a general repellent, there is a reason they are called “moth” balls: they are specifically designed and labeled for moths. The purpose of this document is to provide the public with definitions and instructions for proper usage of mothballs.

## Why are mothballs needed?

Mothballs are an effective way to repel certain flying insects that are known to eat clothing. The clothes moth, *Tineola bisselliella* (Figure 1), is the most common culprit for damaging clothes in homes, particularly those that are stored for long periods of time. The advent of synthetic materials for clothes, improved home climate control, and more common and effective pest control tools and tactics have greatly reduced reliance on moth control, particularly with mothballs. However, mothballs, when used according

to the label, are still an effective way to reduce the risk of severe damage to clothes when placed in storage. For more information about the life cycle and identification of the clothes moth, see ENY-223, *Clothes Moths* (<https://edis.ifas.ufl.edu/ig090>).



Figure 1. Example of the damage that can be caused by a clothes moth (top) and the egg, larval, and adult stages of *Tineola bisselliella*, which causes cloth damage (bottom). Credits: Top: University of Georgia, Bugwood.org; Bottom: Clemson University—USDA Cooperative Extension Slide Series, Bugwood.org

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Use pesticides safely. Read and follow directions on the manufacturer's label.

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Figure 5. Sweaters stored in an airtight garment storage container with no holes (left) vs. a garment bag that has venting at the top and would be inappropriate to treat with mothballs (right).

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## Can mothballs be harmful to people?

Mothballs can harm people, pets, and wildlife that touch or come into contact with the vapors. Humans are most likely to be exposed to either paradichlorobenzene or naphthalene by breathing in the vapors. Small children and pets are at risk of eating mothballs, because they look like candy or other treats. One mothball can cause serious harm if eaten by a child. As on all pesticides, there is language specifying to “Keep out of reach of children.”

Naphthalene is produced when things burn, so naphthalene is found in cigarette smoke, car exhaust, and smoke from forest fires. Once naphthalene enters the human body, it is broken down to alpha-naphthol, which is linked to the development of hemolytic anemia, the abnormal breakdown of red blood cells. As a result, oxygen can no longer be carried in the blood as it should. Kidney and liver damage may also occur. Alpha-naphthol and other metabolites are excreted in urine.

In humans, paradichlorobenzene is distributed in the blood, fat, and breast milk. It is broken down into several other chemicals by the body and excreted in urine. The World Health Organization (WHO) considered paradichlorobenzene possibly carcinogenic to humans based on studies with mice (World Health Organization 2009). The US EPA has classified it as “not likely to be carcinogenic to humans.”

## What are the signs and symptoms from exposure to paradichlorobenzene and naphthalene?

People have developed headaches, nausea, dizziness, and/or vomiting after being exposed to naphthalene vapors. If someone breathes in enough of the vapor or eats a mothball containing naphthalene, they could develop hemolytic anemia. Small children have also developed diarrhea, fever, and abdominal pain, and experienced painful urination with discolored urine after eating naphthalene. Dogs that have eaten naphthalene mothballs may have lethargy, vomiting, diarrhea, lack of appetite, and tremors.

Similar to naphthalene, exposure to paradichlorobenzene can cause nausea, vomiting, dizziness, fatigue, and headaches. Its vapor can also irritate the eyes and nasal passages. If paradichlorobenzene contacts the skin for a prolonged period, it can cause a burning sensation. If a pet eats a mothball made of paradichlorobenzene, they may have vomiting, tremors, and/or abdominal pain. Paradichlorobenzene may also cause kidney and liver damage in pets.

If someone has swallowed a mothball, call the Poison Control Center at 1-800-222-1222 for emergency medical advice. If a pet is suspected of eating a mothball, contact a veterinarian.

## What happens to naphthalene and paradichlorobenzene in the environment?

Most of these chemicals will turn into a gas. In air, the half-life of naphthalene is very short, often less than one day. Paradichlorobenzene can persist up to 31 days.

Some naphthalene may be bound to soil or broken down by bacteria, fungi, air, and sunlight. There is no information available on naphthalene and groundwater, although it is not very soluble in water.

Paradichlorobenzene that binds to soil may be taken up by plants, and plant leaves may absorb it from the air. Paradichlorobenzene has been found in rainwater and snow and in groundwater close to a source of contamination. It is considered moderate to low in toxicity to fish, with differences in sensitivity by species.

## Conclusion

Naphthalene and paradichlorobenzene, the active ingredients in mothballs, are registered pesticides. This means that mothballs are pesticides. As such, it is important to read and understand the label before you buy and before you use these, or any, pesticides. Failure to follow the label directions could not only cause legal trouble, but also harmful effects on people and the environment. Only use registered pesticides in the manner they are intended to ensure proper efficacy and safety. Mothballs are easy to find and purchase, but they are still pesticides and must be treated as such.

## Additional Information

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World Health Organization. 2009. *The WHO Recommended Classification of Pesticides by Hazard and Guidelines to Classification 2009*. <https://www.who.int/foodsafety/publications/classification-pesticides/en/>